

Grilled Gulf Shrimp with Sweet Corn Coulis

PAIRS WONDERFULLY WITH A BOTTLE OF OUR BERGHOLD VIOGNIER

Tender, juicy sweet peas, and yellow com kernels make for a fight and refreshing salad atop a silky, creamy corn coulis in this easy-to-double recipe. Tangy sour cream and buttermilk balance the natural sweetness of the vegetables and Gulf shrimp. Corn may be sweeter or starchier depending on the season-adjust to taste with up to a teaspoon of sugar, if desired.



- 1/2 cup fresh sweet peas (about 2 oz.)
- 3 (8-inch) ears yellow corn, shucked ¼ cup sour cream
- 1/4 cup sour cream
- 2 Tbsp. buttermilk
- 2 tsp. fresh lemon juice
- 1 1/4 tsp. kosher salt, divided
- 1/8 tsp. ground white pepper
- 12 peeled and deveined tail-on raw medium Gulf shrimp (about 10 oz.)
- 1 Tbsp. neutral oil (such as canola or grapeseed), divided
- 1/2 tsp. black pepper, divided
- 4 jumbo asparagus spears (about 4 oz.), woody ends trimmed, spears peeled lengthwise into ribbons
- 1 3/4 tsp. kosher salt
- 1/2 tsp. black pepper, divided
- 4 jumbo asparagus spears (about 4 oz.), woody ends trimmed, spears peeled lengthwise into ribbons
- 2 cups petite pea tendrils (about 1 oz.) or baby spinach leaves
- 1 cup thinly shaved fennel bulb
- 1 small radish, thinly sliced
- 1/2 cup loosely packed fresh flat-leaf parsley leaves
- 1 Tbsp. pure cane vinegar or Champagne vinegar



- 1. Bring a large pot of water to a boil over high. Fill a large bowl with ice water: set aside. Add sweet peas to boiling water; cook until tender and vibrant in color, about 1 minute. Transfer peas to ice water; let stand 2 minutes to stop the cooking process. Remove peas from ice water, and transfer to a plate lined with paper towels; pat dry.
- 2. Preheat grill to low (250°F to 300°F). Wrap each ear of corn tightly in aluminum foil. Place wrapped corn on unoiled grates; grill. uncovered. turning occasionally, until corn is fragrant, about 10 minutes. Remove from grill. Increase grill heat to high (450°F to 500°F) to preheat for shrimp. Remove foil from corn. and discard. Cut corn from cobs, discard cobs. Reserve corn kernels from 1 cob (about 1 cup) for salad; place remaining corn kernels in a blender. Add sour cream and buttermilk to blender: process until smooth, about 1 minute. Stir in lemon juice., ½ teaspoon salt, and white pepper. Set aside coulis.
- 3. Toss together shrimp, ½ tablespoon oil, ½ teaspoon salt, and¾ teaspoon black pepper in a bowl to coat shrimp. Thread shrimp evenly onto 4 (10- inch) bamboo skewers. threading in a "C" shape and leaving about 1 inch between shrimp. Place shrimp skewers on unoiled grates; grill, uncovered. turning occasionally, until shrimp are cooked through, 4 to 5 minutes. Remove from grill; set aside.
- 4. Toss together asparagus ribbons. pea tendrils, fennel, radish, parsley, sweet peas. and reserved corn kernels in a medium bowl. Add vinegar. remaining½ tablespoon oil, remaining¼ teaspoon salt, and remaining¼ teaspoon black pepper: gently toss to combine.
- 5. Spoon½ cup corn coulis in middle of each of 2 plates. Place salad. slightly off-center. on coulis; top evenly with shrimp skewers.

MAKE AHEAD Corn coulis can be made up to 1 day ahead and stored in an airtight container in refrigerator.